



How to plan your project

NSCPM Module 1

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Have an idea

- Formulate a research question



Find a tutor

- one or more



Search the literature

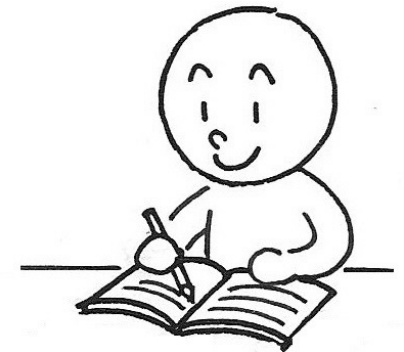
- What is known on the subject?
- Did anyone else have the same idea?



Write a project description (protocol)

- Background/introduction
- Aim(s)
- Material and method
- Timeline
- References

- 2 page summary



Background

- **Why** do you want to do the study?
- What is known on the subject?
- Gaps in knowledge?
- Your personal motivation



Aim(s)

- **What** do you want to find out?
- What question do you want to answer?
- (Hypothesis)



Method

- **How** are you going to do your study to answer your question?
- Describe in sufficient detail
- Include material



Time line

- **When** are you going to do the different parts of the work? (**Who** is responsible?)
- Include all parts (planning, literature searches, data collection, analysis, writing of abstract, preparing presentation...)
- Be realistic. **Everything** takes longer than expected.



Other points as needed

- Ethics approval?
- Institutional approval?

References

- A few central references

Project types

- Literature review
- Guideline or procedure based on lit. review
- Audit
- Implementation or development project
- Limited clinical research project

When you get home

- Develop your idea
- Keep your log
- Find a tutor
- Search the literature
- Write a project description (protocol)



Tutor agreement

- Use it!
- Regulations for the NSCPM Course project

Send (a summary of) your protocol

- The complete protocol might be written in your native language
- We need a summary in English:
 - 1-2 pages
 - Background, Aim(s), Material and methods, Timeline, A few central references
- Send it to Helena, deadline 26 January 2022
helena.kraft@stockholmssjukhem.se

Who is responsible?

- You - with the help of your tutor
- We are going to read all readable protocols and give you feed-back before Module 2

Do not put off till tomorrow what you can do today

(Even doctors need a good night's sleep)