

# How to plan your project

Morten Thronæs

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## Where do you start?

- Do you have an idea?
- What do you want to do?
  
- Formulate a research question

## Who can help me?

- You need a supervisor
- Who could be your supervisor?
  - Recommendations

## What is known about the subject?

- Litterature research
- Have anyone done the same before you?

## Write a project description (protocol)

- Background/introduction
- Aim(s)
- Material and methods
- Timeline
- References
  
- 2 page summary

## Background

- **Why** do you want to do the study?
  
- What is known on the subject?
- Gaps in knowledge?
  
- Leading to your aim

## Background, ex

- Known:
  - Pain is prevalent in cancer pts (ref)
- Not known
  - Pain in pall care pts with renal failure/ cognitive impairment/ living in rural areas in not explored...
- It is important to increase the knowledge of pain in this group of pats because...raising...
- On this bacground, a prevalence study exploring.. is planned

## Aim(s)

- **What** do you want to find out?
- What question do you want to answer?
- (Hypothesis)

## Aim(s), ex

- The primary aim of this study is to explore the prevalence of cancer related pain among cancer patients living in rural areas in mid-Sweden, not attached to a palliative care unit

## Method

- **How** are you going to do your study to answer your question?
- Describe in sufficient detail
- Include material

## Method, ex

- Design
- Assessment
- Patients
- Statistics
- Ethics

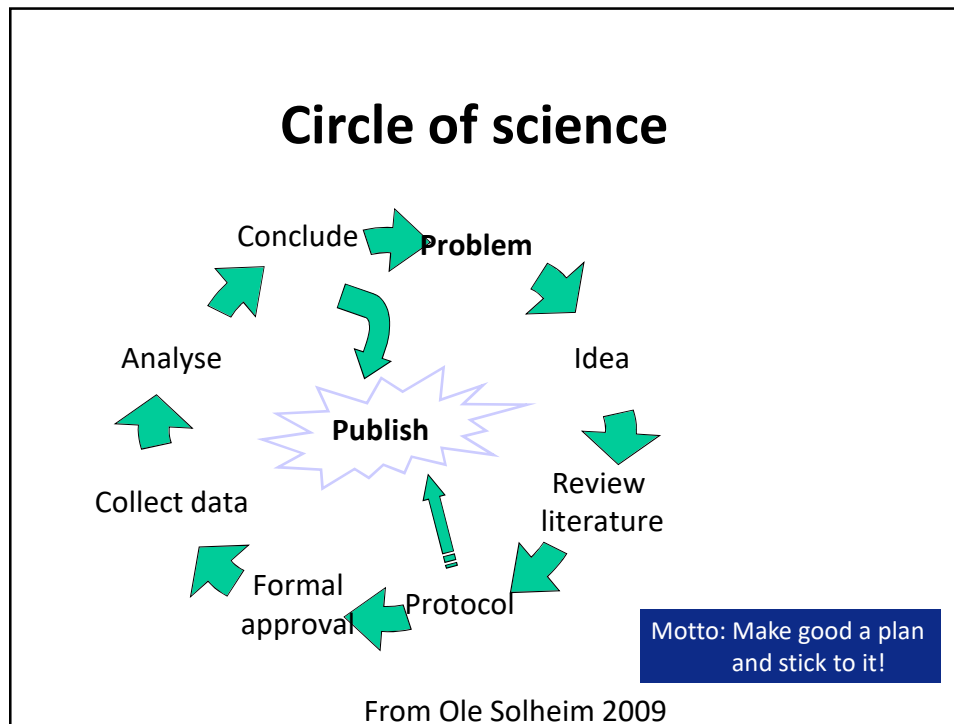
## Time line

- **When** are you going to do the different parts of the work? (**Who** is responsible?)
- Include all parts (planning, literature searches, data collection, analysis, writing of abstract, preparing presentation...)
- Be realistic. **Everything** takes longer than expected.

## References

- A few central references

Keep a log



## Project types

- Literature review
- Guideline based on literature review
- Audit
- Implementation or development project
- Limited research project



## When you get home

- Develop your idea
- Keep your log
- Find a supervisor
- Search the literature
- Write a project description (protocol)

## Tutor agreement

- Use it!
- Regulations for the NSCPM Course project

## Send (a summary of) your protocol

- The complete protocol might be written in your native language
- We need a summary in English:
  - 1-2 pages
  - Background, Aim(s), Material and methods, Timeline, A few central references
- Send it to

## Who is responsible?

- You - with the help of your tutor
- We are going to read all readable protocols and give you feed-back before Module 2

- Lykke til!