

Identification of patients in need of palliative care in the hospital setting

Sergio Arauzo, Maj 2019



REGION
BLEKINGE

Background

Background

- 75% of those who die may be in need of palliative care.
- Low awareness
- Low consensus
- No systematic use of assessment tools

Aim

Aim

- Identify adult patients in need of palliative care
- Describe

Methods

Methods

- Blekinge, 160000 inhabitants
- Regional hospital
- Quantitative cross-sectional
- 550 patients
- 24 weeks
- 5 surgical wards, 7 medical wards

Methods

- Gold Standards Framework

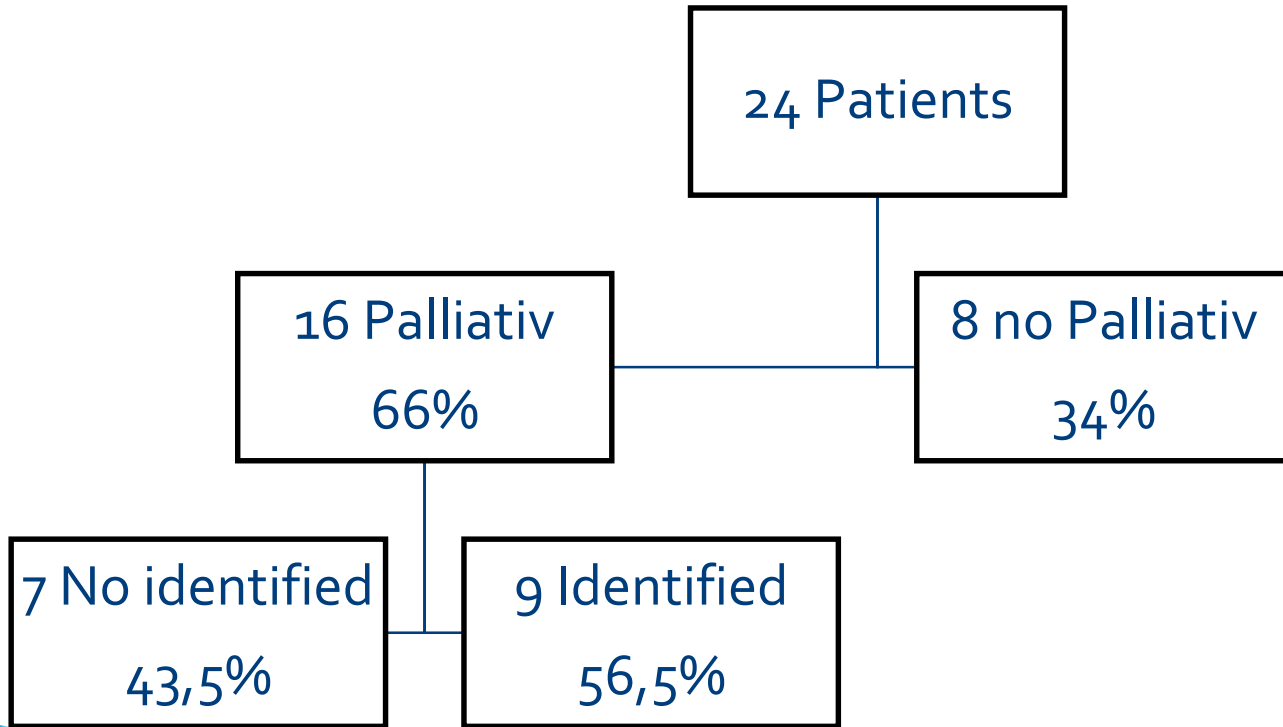
Methods

- Palliative care diagnosis (Z51.5 ICD-10)
- Written documentation of discussions

Methods

- IPOS (Integrated palliative care outcomes scale)

Preliminary results



Results

- 52% men, 48% women.
- Mean age 72 (31-98)
- Surprise question: Low correlation:
 - 43.5% no identified: 40% "yes" to surprise question.
 - 56.5% identified: 80% "yes" in surprise question.
 - No palliativ: 0% "yes" in surprise question.