

# Why do you want to do THAT?

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NSCPM Research Project  
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## A mixed-method study based on NSCPM students 2015-17

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Why do palliative care physicians enter palliative medicine and what is their motivation to remain in the field?

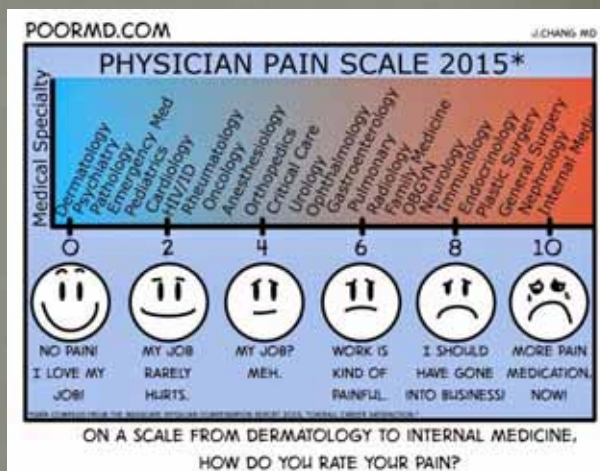
## Background



- Palliative care physicians (PCP) have actively chosen to work with terminally ill patients.
- However, very modest amounts of data with regards to the motivation of palliative care physicians were found in a literature search.
- Hence, it is worth finding out what the driving force behind the choice and maintenance of palliative medicine is, and if there are any common motivations among palliative care physicians?

## Aim

- To investigate the job satisfaction and motivation of physicians working in specialised palliative care to enter and to remain in the palliative field.



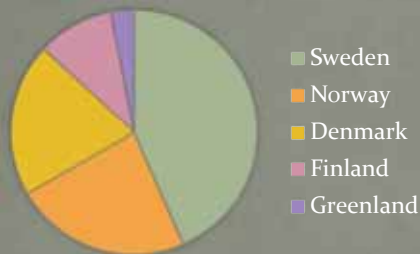
## • Method

- A cohort comprising of the 2015-17 NSCPM students from Finland, Sweden, Norway, and Denmark (37 physicians who were participating in a 5-day class on death and dying in Helsinki January 2016) was approached with an **electronic questionnaire**.
- The **questionnaire** comprised demographic data, job satisfaction (Warr-Cook-Wall questionnaire) and qualitative data on **motivation**.
- Descriptive statistics have been performed on the quantitative part of the questionnaire. The qualitative data has been **analysed** according to a qualitative description approach, aiming to **identify patterns or themes**.



## Results

### Country



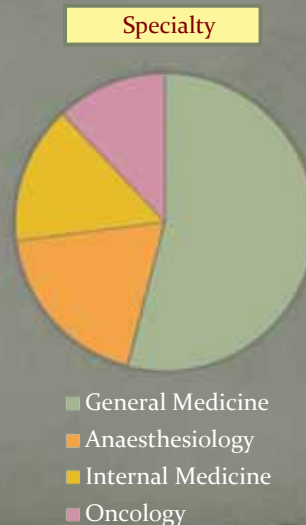
### • Demographics

- 79% responded in full
- 50%  $\geq$  50 years old
- 77% female

## Results

- **Housecalls and hospice**

- 81% worked in a specialized palliative care team
- 77% make house calls in patient's homes
- 41% work in a hospice.



## Motivation

What got you started in palliative medicine?

### Purpose and Meaning

- Seeking to make a difference in a meaningful job 57%
- Ability to use personal skills/qualities 47%
- Wanting to be able to help 3%
- Opportunity to connect with patients 10%

### Seeking to improve work conditions

- Need for a change 33%
- Seeking better work conditions 33%
- Seeking teamwork 20%
- Seeking to improve job satisfaction 20%
- Seeking good colleagues 3%

### Personal perspective

- Seeking perspective 3%
- Seeking feedback 3%
- Personal experience 3%

### Development

- Wanting challenges/new skills 10%
- Being offered the opportunity to join NSCPM 7%



## Motivation

What makes you want to keep working in palliative medicine?

- **Purpose and Meaning**
  - Having a meaningful job/Making a difference 53%
  - Being able to help 33%
  - Being offered perspective 3%
- **Patients and colleagues**
  - Connecting with patients 50%
  - Working in a team 43%
  - Having good colleagues 27%
  - Getting positive feed-back from patients and relatives 20%
- **Satisfaction with conditions**
  - Job satisfaction 27%
  - Work conditions 7%
- **Development**
  - Having a challenging job/obtaining new skills 13%
  - Being offered to join NSCPM 7%
  - Having the opportunity to teach 7%



Ret af hjertet tak – uden jer var der intet projekt  
 Thanking all of you – without y'all there'd be no project

