

# Nordic Specialist Course in Palliative Medicine



## NORDIC SPECIALIST COURSE IN PALLIATIVE MEDICINE 2007-2009

### Module 2: The imminently dying patient

Time: 21.-25.01.2008

Location: Park-hotel, Pohjolankatu 33, 00600 Helsinki, Finland  
([parkhotel@park.fi](mailto:parkhotel@park.fi) [www.park.fi](http://www.park.fi) )

Coffee breaks every day at 15:00 (and when needed)

#### **21.01.08 Monday The dying patient**

- 09:00-12:00 Death as a physiological and psychological phenomenon
- Professor Antti Sajantila
  - Psychiatrist Pirjo Juhela
- 12:00-13:30 Lunch
- 13:30-17:00 End of life care; symptoms of the dying patient, loss history, Liverpool Care Pathway, how to organize end of life-care, auditing palliative care...
- Palliative care consultant Tony O'Brien, Cork, Ireland
- 18:30 Welcome to Finland! Party at Park hotel.

#### **22.01.08 Tuesday Special features in end of life-care**

- 09:00-12:00 Tony O'Brien continues
- 12:00-13:30 Lunch
- 13:30-17:00 Tony O'Brien continues
- 17:00 - Free time (shopping, getting to know Helsinki ...)



Norwegian Association for  
Palliative Medicine



Danish Association for  
Palliative Medicine



Swedish Association for  
Palliative Medicine

Finnish Association for  
Palliative Medicine

Icelandic Association for  
Palliative Care



**23.01.08 Wednesday Ethical and clinical dilemmas**

- 09:00-12:00      Difficult cases (groups)
- Juha Hänninen
  - Palliative sedation, hydration, difficult relatives and other ethical/clinical problems
- 12:00-13:30      Lunch
- 13:30-16:00      Difficult cases continue
- 16:00              Free time

**24.01.08 Thursday Bereavement and spirituality**

- 09:00-12:00      Grief, silence and language
- Lars Björklund; Sweden
- 12:00-13:30      Lunch
- 13:30-16:00      Grief; group work
- Tapio Pajunen
- 18:30              “It was nice to meet you” – party

**25.01.08 Friday How do we manage ourselves?**

- 09:00-12:00      Helping the helper
- Assistant Professor Anneli Vainio
  - Oncologist, Psychotherapist Päivi Hietanen
- 12:00-13:00      Lunch
- 13:00-14:00      Evaluation
- Professor Kaija Holli