

# Nordic Specialist Course in Palliative Medicine



## The 4th Nordic Specialist Course in Palliative Medicine 2009-2011:

### Module 3, Malmö, 19 - 23 April, 2010

#### TEAMWORK, Thursday 22 and Friday 23 April

##### Invited speaker:

*Dr David Jeffrey MA FRCP(Edin) Consultant in Palliative Medicine, Honorary Senior Lecturer  
Department of Palliative Medicine, University of Bristol*

David Jeffrey came into palliative medicine after a career as a teacher of general practice and communications skills. He has written several books on palliative medicine in general practice, and teaching palliative care.

**Aim:** To know and understand the concept of multi-disciplinary teamwork and to be able to contribute to practical teamwork.

**Topics:** Different types of teams. Why teamwork? Understand group processes and be sensitive to group dynamics. Leadership in teams. Different forms of team support. Strategies which facilitate team functioning. The skills and contributions of other team members and other professions. Understanding of boundaries and professional rivalries. Handling of team conflicts. Be aware of the presence of the unconscious in teamwork.

**Format:** Lectures and group work.

**Literature:** Oxford Textbook of Palliative Medicine.

##### Thursday:

08.00 - 10.00	Why Teamwork?
10.00 - 10.30	<i>coffee</i>
10.30 - 12.00	Nobody's perfect, but a team can be!
12.00 - 13.00	<i>lunch</i>
13.00 - 15.00	Teamwork problems Uncertainty Confidentiality
15.00 - 15.30	<i>coffee</i>
15.30 - 17.00	Communication



Norwegian Association for  
Palliative Medicine



Danish Association for  
Palliative Medicine



Icelandic Association for  
Palliative Care



Swedish Association for  
Palliative Medicine

Finnish Association for  
Palliative Medicine

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[www.nscpm.org](http://www.nscpm.org)



**Friday:**

09.00 - 10.30

Conflict & Stress

10.30 - 11.00

*coffee*

11.00 - 12.00

Putting it all together. A sculpt!

12.00 - 13.00

*lunch*

**13.00 - 13.30**

**Evaluation**

**13.30 - 14.00**

**Summary and Goodbye**