

Nordic Specialist Course in Palliative Medicine



MODULE 4 – 27 September – 1 October 2010, Bergen, Norway

Chairs: Dagny Faksvåg Haugen and Sebastian von Hofacker

A. DECISION-MAKING IN PALLIATIVE MEDICINE (1/2 day)

Aim: To be able to analyse difficult situations in palliative medicine and make the appropriate decisions. To be able to integrate evidence-based palliative medicine into daily clinical practice. To understand how the patient and family should be involved in decision-making.

Topics: How to apply critical appraisal skills and the skills of evidence-based medicine in daily medical practice. Decision-making.

B. EMERGENCIES IN PALLIATIVE MEDICINE. (1 day)

Aim: To be able to handle emergencies in palliative medicine.

Topics: Emergencies in palliative medicine, like hypercalcemia, acute delirium, gastrointestinal obstruction, acute dyspnoea, bleeding, convulsions, neurological conditions (spinal cord compression, brain metastases, raised intracranial pressure). Palliative orthopaedic surgery. Wound care.

C. COMPLEMENTARY AND ALTERNATIVE TREATMENTS (1/2 day)

Aim: To know about complementary and alternative treatments used by patients in palliative care, and where to find more information on these therapies, their backgrounds and use. To have a balanced view on these treatment options. To know the national regulations applying to these therapies.

Topics: Concepts and definitions. Examples of common practice of alternative/complementary treatments in palliative care patients, effects and side effects. Statutory regulations.



Norwegian Association for
Palliative Medicine

Finnish Association for
Palliative Medicine



Danish Association for
Palliative Medicine



Icelandic Association for
Palliative Care



Swedish Association for
Palliative Medicine

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D. MOTOR NEURON DISEASE (1/2 day)

Aim: To learn about the special palliative care needs in motor neuron disease and how these needs may be met by the multiprofessional PC team.

Topics: Epidemiology, pathology/pathophysiology, and clinical presentation of MND. Symptom management, management of respiratory failure, ethical dilemmas in decision making in MND.

E. TEACHING (2 days)

Aim: To learn about different teaching methods and their application in palliative medicine. To develop teaching skills.

Topics: Adult learning. Theory and practice of different teaching methods. Factors that promote learning. How to make a presentation, handle teaching equipment, make and evaluate a learning session, and evaluate own teaching. Practice session.

F. FOLLOW UP ON COURSE PROJECT



NSCPM 2009-2011, Module 4, Bergen

Monday 27 September

09.00-09.15 Welcome and introduction. Practical information. Dagny Faksvåg Haugen

MOTOR NEURON DISEASE - ALS workshop

09.15-11.30 ALS workshop. Interdisciplinary team from Sunniva Clinic.

Moderator: Sebastian von Hofacker

11.30-11.45 Coffee break

11.45-12.30 ALS, continued.

12.30-13.15 Lunch

COMPLEMENTARY AND ALTERNATIVE TREATMENTS

13.15-17.15 Seminar on complementary and alternative treatments. Terje Risberg.

17.15 Finish

Tuesday 28 September

FOLLOW-UP ON COURSE PROJECTS

08.30-09.30 Follow-up on projects (groups). Dagny Faksvåg Haugen and Stein Kaasa.

09.30-09.50 Coffee

EMERGENCIES AND DECISION-MAKING IN PALLIATIVE MEDICINE

09.50-10.35 Palliative orthopaedic surgery. Marcus Nottrott

10.45-11.45 Wound care. Sebastian von Hofacker

11.45-12.30 Lunch

12.30-13.45 Case discussions: Emergencies in palliative medicine. Group work

13.45-15.00 Coffee

15.00-16.30 Case discussions (plenary). Facilitator: Paddy Stone

Social program in the evening

Wednesday 29 September

08.30-08.45 Introduction

08.45-09.30 Decision-making in palliative medicine: How to analyse difficult situations and make the appropriate decisions. Paddy Stone

09.30-09.50 Coffee



- 09.50-10.50 Decision making. Group work.
10.50-12.00 Plenary discussion. Facilitator: Paddy Stone
12.00-13.00 Lunch. Visit to Sunniva Clinic. Jan Henrik Rosland
- 13.00-14.00 How do we integrate evidence-based medicine into our daily clinical practice?
Paddy Stone
14.15-15.30 Plenary discussion.

Thursday 30 September

LEARNING SESSION

- 08.30-08.45 Introduction
08.45-11.45 Practice. Course participants bring their own teaching material and practise in groups with facilitators.
11.45-12.30 Lunch
12.30-15.30 Teaching and learning: What do we know about factors that promote learning?
Which are the main points to consider when planning a learning session? How do we meet expectations from the students – and from the teacher?
Åse Brinchmann-Hansen
15.30-16.30 Group work: Planning a learning session using the elements presented in the previous session
- Social program in the evening

Friday 1 October

- 08.30-09.15 Group work, cont.
09.15-09.30 Coffee break
09.30-12.00 Reports from the group work in plenum.
Dagny Faksvåg Haugen, Sebastian von Hofacker,
12.00-12.45 Lunch
12.45-14.00 Evaluation of the learning session and the module
14.00 Finish



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Teachers and facilitators, Module 4:

Chairs: Dagny Faksvåg Haugen and Sebastian von Hofacker

ALS team from Sunniva Clinic for Palliative Care and Haukeland University Hospital

Terje Risberg, Oncologist, Consultant, Department of Oncology, University Hospital of North Norway, and Professor, University of Tromsø

Marcus Nottrott, Orthopaedic Surgeon, Consultant, Department of Orthopaedic Surgery, Haukeland University Hospital, Bergen

Sebastian von Hofacker, Consultant in Palliative Medicine, Sunniva Clinic for Palliative Care, and Regional Centre of Excellence for Palliative Care, Western Norway, Bergen

Paddy Stone, Macmillan Reader in Palliative Medicine, Division of Mental Health, St George's University of London, London, UK

Jan Henrik Rosland, Anaesthesiologist, Head of Department, Sunniva Clinic for Palliative Care, Haraldsplass Deaconal Hospital, Bergen, and Professor in Palliative Medicine, University of Bergen

Åse Brinchmann-Hansen, Section Head, Section for Medical Education, Division for Research and Highly Specialised Medical Services, The Norwegian Medical Association, Oslo