

# Nordic Specialist Course in Palliative Medicine



## The 4th Nordic Specialist Course in Palliative Medicine 2009-2011:

### Module 3, Malmö, 19 - 23 April, 2010

#### ETHICS, Wednesday 21 April.

##### Invited speaker:

*Dr David Jeffrey MA FRCP(Edin) Consultant in Palliative Medicine, Honorary Senior Lecturer  
Department of Palliative Medicine, University of Bristol*

David Jeffrey came into palliative medicine after a career as a teacher of general practice and communications skills. He has written several books on palliative medicine in general practice and teaching palliative care.

**Aim:** To use the principles of medical ethics in relation to palliative medicine..

**Topics:** Theories of human nature. The declaration of human rights. Values and norms in palliative medicine. The issues surrounding requests for euthanasia and terminal sedation. The issues of stopping treatment with curative intent. Involvement of patients and relatives in decision making. How to weight and assess benefits and burdens of treatment and clinical decisions. Evaluate decisions involved in resource allocation. How to decide for the incompetent patient.

**Format:** Lecture and group work.

**Literature:** Oxford Textbook of Palliative Medicine.

##### Programme

09.00 – 10.30 The idea of ethics in medicine  
Ethical analysis of a clinical case in a palliative perspective

10.30 – 11.00 *Coffee*

11.00 – 12.30 Presentation of a concept of the human being within a palliative framework  
The difference between integrity and autonomy

12.30 – 13.30 *Lunch*

13.30 – 16.00 Group workshop with a clinical palliative problem  
Plenary session with presentation from the groups

(14.30-15.00) *Coffee*

16.00 – 17.00 Summary of the day's work  
Conclusion and evaluation



Norwegian Association for  
Palliative Medicine



Danish Association for  
Palliative Medicine



Icelandic Association for  
Palliative Care



Swedish Association for  
Palliative Medicine

Finnish Association for  
Palliative Medicine

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