

Nordic Specialist Course in Palliative Medicine



Module 3, Malmö, April 19 - 23, 2010

COMMUNICATION (part 1), Monday 19 and Tuesday 20 April.

Aims: To improve the knowledge and skills of the participants in communicating with patients and relatives during all stages of the patient's illness. To improve the knowledge and skills of the participants in communicating with colleagues.

Topics: Skills in empathic listening and open questioning to:

- elicit concerns across physical, psychological, social and spiritual domains
- establish extent of awareness about illness and prognosis

Common barriers to communication with both patients and professionals.
Management of difficult questions and information given sensitively and as appropriate to wishes and needs of the individual.
Facilitation of decision-making and promotion of patient autonomy.
Recognition and management of conflicts between confidentiality and the need to share information with others.
Theories and evidence base for communication practice.
Awareness and practice of a range of structures and styles of consultations.
Critical evaluation of own consulting skills.

In the time span between communication part 1 (Malmö) and part 2 (Copenhagen), the participants will be requested to practice the communicative skills acquired in part 1 with some special focuses after agreement with the facilitators/teachers of their group.

Between part 1 (Malmö) and part 2 (Copenhagen) all participants must further prepare a video illustrating clinical communication in palliative care, which will be used in the teaching sessions in part 2. Approval of the course will be subject to the preparation of such a video.



Norwegian Association for
Palliative Medicine



Danish Association for
Palliative Medicine



Icelandic Association for
Palliative Care



Swedish Association for
Palliative Medicine

Finnish Association for
Palliative Medicine

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Monday 19 April

- 09.00-09.20 **Welcome to Module 3**
Carl-Magnus Edenbrandt
- 09.20–09.30 Introduction to Communication
Lise Pedersen
- 09.30-10.00 Training in Communication Skills, Theory and Evidence of Effect:
Anders Bonde
- 10.00-10.45 The Structure of the Interview and Barriers in Communication:
Marianne Lau
- 10.45-11.15 Coffee
- 11.15-12.00 The Existential Dialogue:
Eva Ethelberg
- 12.00-12.30 Hope is an Integral Part of Coping – Room for Creative Illusion:
Päivi Hietanen
- 12.30-13.30 Lunch
- 13.30-14.00 Introduction to Group Work and Role Plays:
Lise Pedersen
- 14.00-17.00 Agenda Setting and Role Plays (in groups)
- (14.45-15.15 Coffee)

Tuesday 20 April

- 09.00-12.00 Role Plays (in groups)
- (10.00-10.30 Coffee)
- 12.00-13.00 Lunch
- 13.00-16.00 Role Plays (in groups)
- (14.15-14.45 Coffee)
- 16.00-17.00 Closing of Communication, Part 1, and Information on "Homework".



Teachers and facilitators:

Anders Bonde Overlæge, Ph D, Onkologisk Afdeling, Århus Kommune Hospital, DK

Anette Damkier Overlæge, Ph D, Palliativ Team Fyn

Eva Ethelberg Mag.art. (psykologi), Centerleder, Rådgivningscentret, Kræftens
Bekæmpelse, København, DK

Päivi Hietanen Docent, Oncologist and Psychotherapist, Dept. of Oncology, Helsinki
University Hospital.

Marianne Lau Overlæge, Dr.med., Psykiatrisk Afdeling, Stolpegården, DK

Steen Nielsen Cand Psyk., Palliativ Medicinsk Afdeling, Bispebjerg Hospital, DK

Lise Pedersen Ledende Overlæge, Dr. med., Palliativ Medicinsk Afdeling, Bispebjerg
Hospital, DK

Anne Vinkel Cand. Psyk., Chefkonsulent, Patientstøtteafdelingen, Kræftens Bekæmpelse,
København, DK

Annette Strømgren Afdelingslæge, MD, Ph D, Onkologisk Afdeling, Rigshospitalet, DK